

## WORSHIP

**Sunday,  
January 20, 2019**

10:30am in the Sanctuary

Communion

**Proclaimer:** Jim Dant

**Scripture:** John 2:1-11

**Sermon:** Gracefully Rooted in  
Miraculous Work

**Service Choir:** Sanctuary Choir

**Anthem:** "Tell the News" – *WHITE*

### Sanctuary Flowers

The flowers in the Sanctuary on January 20 are given in memory of Dr. Craig M. Nielson in celebration of his birthday (January 26) by Peggy Nielson, Lynda Kimak and the Nielson family.

The flowers in the Sanctuary and Narthex during worship on Sunday, January 13, were given in loving memory of Ned Clay and in celebration of his and Marie's 65<sup>th</sup> wedding anniversary, which they celebrated on January 1.

If you would like to enhance our worship space by placing flowers for one of our services, please contact Kimberly Coates at [kimberly.coates@firstbaptistgreenville.com](mailto:kimberly.coates@firstbaptistgreenville.com) or 233-2527 ext. 128. The next available date is February 3.

### Called Church Conference

**Sunday, January 20**

The church will be called into conference during worship on Sunday, January 20, to vote on the recommendation of Annie Deaton for divinity school.



## Rustlings

BY JIM DANT

10,000 steps a day. That's the magic number. 10,000 steps. I have not hopped on the Fitbit (or the iWatch or the Garmin) bandwagon. One, I'm not drawn toward technology – it tends to frustrate and scare me – and two, I already employ a fitness regimen that has served me well for years. I am, however, a proponent of the accountability and assistance afforded by these gadgets. Many a soul has strapped these micro-marvels to their wrists and found themselves walking 10,000 steps a day. According to a 2010 study (and decades of Japanese intuition), walking 10,000 steps a day will lower BMI (body mass index), reduce waist size, increase energy, and lessen risk for Type II diabetes and heart disease. That's not a bad trade for 10,000 steps a day.

I have not hopped on the '10,000 steps a day' craze because I have no need. I have, however, hopped on the '12 Step' craze. I had (and have) a need. Years ago, someone I love admitted they had the disease of addiction. I tried

every way I could to control and cure her disease. I could no more control or cure addiction than I could have controlled or cured leukemia or diabetes or a common cold. My efforts did little to improve the condition of the one I loved...and over time, the quality of my own life and health began to diminish. I decided to take 12 Steps. Over time – and with some daily practice – they restored a measure of health, sanity and serenity to my life.

Almost all of us know and love someone who lives with the disease of addiction. (I've had a few people tell me they know no one with the disease. This has to be a falsehood, a denial or a marvelous miracle...I'm hoping for the latter.) If you are struggling to love someone who has this disease, the 12 Steps will be of assistance to you, and if you aren't, they still provide a wonderful guide in "...all our affairs." I shared my story this past Wednesday evening at MidWeek Fellowship. This week, we begin walking the steps together. There are only 12 – not 10,000. Come join us this Wednesday evening at 6:15 (earlier if you make a supper reservation) in the Fellowship Hall as we 'Journey through the Valley of the Shadow of Addiction.' You'll be glad you did.

— Jim

## Reminders

**Make Reservations for  
Wednesday Night Supper**

*Enjoy Family Time*

<https://firstbaptistgreenville.com/wednesday-night-supper/>

**Make Reservations for the  
Churchwide Retreat**

*March 1-3, 2019 | Downtown Greenville*

<https://firstbaptistgreenville.com/churchwide-retreat/>

# Happy New Year Everyone!

Hopefully you have seen or heard by now that Inasmuch Day is scheduled for Saturday, March 16, 2019. Save the date and join us for an incredible day of service in our community! If you are new to Inasmuch Day, we hope we can answer some of your questions below.

We need you to help make Inasmuch Day a success this year!

— Michael Williamson & Alec McLeod  
 Michael.n.williamson@gmail.com  
 Acmcleod3@gmail.com  
 Inasmuch Day Chairs



**Why is it called Inasmuch Day?** The name “Inasmuch” comes from Matthew 25:40 where Jesus said “Inasmuch as you did it for the least of these, you did it for me.”

**Why are we doing this?** We are called to serve our neighbors and our community. We are called to support those who are in need. As a church we use Inasmuch Day as one of the ways in which we worship through service. It’s an all hands on deck day of giving back. It is also a great way to learn about organizations in our community and build relationships within the church family.

**So what kind of jobs are we doing?** There are opportunities for everyone regardless of skill level or ability: working on home repair projects, pampering members of our community who don’t always feel special, folding clothes and assembling care packages for babies in need, helping with the huge yard sale among others! Everyone can make an impact.

**Do you have to be a member?** Absolutely not! It’s a great opportunity to get involved and get out of your comfort zone and connect with people you might not cross paths with otherwise. We welcome anyone who is willing to help out.

**How do I sign up?** Registration will open in February, so keep an eye out for the registration link. We will also have opportunities to sign up in person on Sunday mornings and Wednesday evenings. Save the date for March 16, 2019!

**How do I become more involved?** We have slots available for project leaders. There are other opportunities throughout the year to help plan Inasmuch Day. If you are interested in the planning or would be willing to lead a project, contact us for more information.

**Who can tell me more?** If you have further questions, you can contact us or any staff member for more information.

## AYMC Pulse



Jessica Rhoads, a Certified Personal Trainer, is seeing clients at the AYMC. Jessica specializes in functional movement systems, a form of personal training. She is one of few Level 2 Certified Functional Movement trainers in the Upstate. “With consistent training, clients improve their mobility, stability, muscle tone, posture and overall strength, enabling them to be productive in their activities,” said Jessica. A graduate of Western Michigan University, Jessica has worked at the Ys in Greenville and Asheville. For a consultation with Jessica, contact her at 864-436-5186 or JR@FunctionalFitness.com.

— Mittie

# Enrollment for First Baptist Day School

2019-2020

Enrollment for the 2019-2020 school year for First Baptist Church members is open now – January 13 through January 20, 2019. To enroll children ages two months up to two years, pick up enrollment materials on the table in the nursery lobby. The enrollment card and \$200 enrollment fee must be returned this week to secure a placement. For more information, contact Rosemary New at 370-2515 ext. 127 or [rosemary.new@firstbaptistgreenville.com](mailto:rosemary.new@firstbaptistgreenville.com).

To enroll children turning two years old prior to September 1, 2019, through age five, enrollment packets are available in the office (Room B-316). Enrollment packages and the \$200 enrollment fee must be received in the office by January 20 to secure a placement. Contact Dewanda Martin at 271-2613 ext. 131 or [dewanda.martin@firstbaptistgreenville.com](mailto:dewanda.martin@firstbaptistgreenville.com) with questions.

— Dewanda, Kathy and Rosemary



## What Is a Stephen Minister Like?

THEY ARE AMONG US



No, we're not talking about angels or aliens. We're talking about individuals who care about others. The Scriptures describe their service well: "Remember those in prison as if you were their fellow prisoners, and those who are mistreated as if you yourselves were suffering" (Hebrews 13:3).

If you or someone you know wants to do more as a Christian caregiver, consider Stephen Ministry. This is our congregation's one-to-one, confidential, caregiving ministry. We are especially in need of more female Stephen Ministers. A training class is planned for 2019. If you think you might be interested, please contact one of our Stephen Ministry Leaders: Robin Barton, Wofford Green, Hazel Harris, Duke McCall or Ann Quattlebaum, for more information.

### HOW TO REQUEST A STEPHEN MINISTER

If either you or someone you know is having a difficult time dealing with a life crisis and need the caring friendship and support of a Stephen Minister, please contact one of FBG's Stephen Leaders/Ministers to ask for a referral card or get one at the church Reception Desk.

## For Your Calendar!

- 1/16 *Wednesdays at First Activities*
- 1/20 10:30am Jim Dant, Proclaimer
- 1/20-27 Host IHN Guests
- 1/21 AYMC and Church Offices Closed in Observance of Martin Luther King Jr. Holiday
- 1/22 11:15am Roadrunners Depart for Lunch at Bimini's
- 1/23 *Wednesdays at First Activities*
- 1/25 7:00pm Children's Ministry Event: Family Hockey Game Night
- 1/27 10:30am Dylan Rigg, Proclaimer  
3:30-5:30pm Puerto Rico Participant Meeting (AYMC)  
5:00pm LGBTQ and Friends Support Group (Parlor)  
5:00-7:00pm Sunday Night Live for Youth (AYMC)
- 1/30 *Wednesdays at First Activities*
- 2/1 10:30am First Friday Lunch and More (Fellowship Hall)
- 2/3 9:30am Protecting Our Children (A-302)
- 2/3 10:30am Jim Dant, Proclaimer Foundation Sunday Souper Bowl of Caring

### LIVING GENEROUSLY

Financial Needs as of 1/12  
\$103,846  
Receipts of 1/11  
\$85,069

## Pastoral Care

### On Call Nights and Weekends

January 14-20  
Frank Smith  
268-3890 (h)

January 21-27  
Kyle Matthews  
551-0829 (m)

If you are unable to reach this minister at the above number, please call the Church Office, 864-233-2527, and leave a message by pressing the number "199" for "Pastoral Care Emergencies."

## Wednesday Supper

Required reservations for the meal must be made by noon on Monday by visiting the church website or calling the church office. Permanent reservations are available. Serving lines are open 4:45-6:00pm.

### Menu January 16

**Adults:** Veggie Lasagna, Meat Lasagna, Gluten-Free Pasta with Marinara, Salad, Italian Green Beans, French Bread, Dessert

**Kids:** Mini Pizza, Buttered Noodles, Fruit, Cookies

### January 23

**Adults:** Chicken Divan, Rice, Steamed Vegetables, Salad, Bread, Dessert

**Kids:** Chicken Nuggets, Tater Tots, Fruit, Cookies

### Wednesdays at First Schedule

Exceptions and details noted in calendar.

3:00pm Youth Hang Time and Supper

4:45-6:00pm Serving Lines Open

5:30-7:00pm Children's Missions and Choirs

6:00pm Youth Bible Study

6:15pm MidWeek Fellowship

7:00-8:30pm Sanctuary Choir Rehearsal

## Care List as of 1/14/19

### Hospitals

**St. Francis- Downtown:** Howard Wimmer  
**Westchester Medical Center of New York:** Beverly Greer

### Rehab

**NHC-Greenville:** Joan Garrett, Joe Leaphart

**NHC-Mauldin:** Skip Foster, Earline Shabkie

**Shepherd's Care:** Anne Lindsey

**Rolling Green Village Rehab:** Henry Barton

### Returned Home

Julie Fayssoux, Hailey Caldwell, Garnette Bane Odom

## Bible Study Resumes

The Men's Wednesday Morning Bible Study will resume on January 16 at 6:30am on the Terrace Level of the AYMC.

Greenville, South Carolina 29601-4495  
 (864) 233-2527 www.firstbaptistgreenville.com  


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## Introducing...

Julie and Keith Dacus, along with their daughter, Maddie Dacus, 901 Spring Glen Drive, Simpsonville, 29680, joined FBG during worship on Sunday, January 6, by



previous profession of faith and baptism from another denomination. Julie is employed with

ThermoFisher Scientific, and Keith works with BW Flexible Systems. Maddie is a college student.

Tony Williams, 111 North Main Street, Mauldin, 29662, also joined FBG during worship on Sunday, January 6, by



previous profession of faith and baptism from another denomination. Tony is self-employed.